Know your learning behaviors in the classroom

Before you can **change you work habits** you need to identify exactly which ones are holding you back.

This simple checklist below will help you work out whether you have good or “*not so good’* learning behaviors in the classroom. If there are some behaviors that don’t serve you well then **NOW** is the perfect time to do something about it.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Learning behavior** | **I do this in every subject all the time** | **I do this in most subjects sometimes** | **I sometimes do this if I am pushed** | **I don’t really do this at all** |
| I ask the teacher for assistance when I don’t understand something. |  |  |  |  |
| I ask the teacher where I went wrong in a test. |  |  |  |  |
| I try to prepare ahead of time for my class (I might read the chapter before a new topic is introduced). |  |  |  |  |
| I always come to class prepared with everything I need. |  |  |  |  |
| I always proof read my work (or get someone to proofread it for me) to make sure it is accurate before I hand it in. |  |  |  |  |
| I know what my strengths and weaknesses are in each subject. I know what are the things that I need to work on. |  |  |  |  |
| I try to get the information I need for a research project from more than one source of information. |  |  |  |  |
| I ask questions in class and am not worried about raising my hand to answer or ask a question. |  |  |  |  |
| When I get stuck I try and work it out or ask a classmate before I ask the teacher. |  |  |  |  |
| If other students are playing around or being disruptive I try to ignore them and get on with my work rather than go along with them. |  |  |  |  |

Anything that you have ticked in the last two columns are behaviors that you should try to develop to be a more effective learner in the classroom. Why not use one of the ***Goal setting Worksheets*** to develop a plan of action to change these behaviors.